

Strawberry Muffins

What you will need:

- 3 ½ cups unbleached all-purpose flour
- 1 ½ cups sugar
- 2 tsp. baking powder
- 1 tsp. salt
- 1 tsp. cinnamon
- 4 eggs, beaten
- 1 ¼ cups coconut oil or canola
- 2 ½ cups slightly mashed sliced strawberries
- Muffin tins

Directions:

1. Preheat oven to 425 degrees F.
2. Mix dry ingredients in large mixing bowl.
3. In small bowl, mix eggs and oil.
4. Stir strawberries into egg mixture.
5. Blend in flour mixture until thoroughly combined; do not over beat.
6. Spoon into greased muffin tins until nearly full.
7. Bake at 425° for 5 minutes.
8. Reduce heat to 350° and bake an additional 15-19 minutes.
9. Let cool then serve and enjoy!

SAFETY: Please remember that it's important to always work under adult supervision

