

## Bob's Homemade Fruit Roll-Ups

**Prep Time:** 15 mins

**Cook Time:** 6 hours

**Total Time:** 6 hours 15 mins

### **Ingredients:**

- 2-3 cups of strawberries
- 2-3 tablespoons honey
- 2 tablespoons lemon juice

**SAFETY:** Please remember  
that it's important to always  
work under adult supervision

### **Instructions:**

1. Blend strawberries in blender until smooth. Mix in honey and lemon juice.
2. Pour into pan lined with parchment paper then spread out to approximately  $\frac{1}{4}$  inch thick.
3. Dehydrate in oven at 150 to 170 degrees F for 4 to 6 hours, or until middle is no longer tacky.
4. Let cool then remove parchment paper.
5. Use scissors to trim off edges then cut into 1 inch wide strips.
6. Wrap with strips of parchment or wax paper, then use tape or string to seal.

