

VeggieTales

# ROBIN GOOD

## GUIDE FOR HANDLING HURT

Hi, I'm Larry the Cucumber! In the story of *Robin Good & His Not-So-Merry Men*, Robin learns that "there's no hurt too big for God!" Here are three ways that you, like Robin, can handle those times when you might feel hurt too!

**PRAY** Whenever we are feeling left out or lonely, that can hurt! But you can always count on the fact that we are never alone - God is always there! If we take our hurts and fears to Him, He is always there to listen to us! So, remember to go to Him in prayer - He always understands and promises to take care of us!

**1 Peter 5:7 Give all your worries to Him, because He cares about you. (NCV)**

**TALK** to someone you trust - God gave us parents, teachers and friends who can help us when we might be feeling bad about something. It's okay to admit that there are things that happen that don't make us feel so good. Sometimes just talking about our feelings with a person who loves us makes everything look a little bit better!

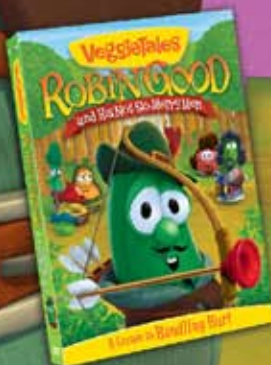
**Proverbs 17:17 A friend loves you all the time and a brother helps in times of trouble! (NCV)**

**BE KIND** to others - Is there someone you know who's having a hard time with something? Maybe it's someone new who has just moved into your neighborhood, or maybe it's a friend who is sick. You can help take their hurt away by doing something nice for them. Sing them a song! Give them a card! Or just spend time with them! Being kind to others makes both you and the person you're helping feel much better!

**Luke 6:38b The way you give to others is the way God will give to you. (NCV)**

Based on a Lesson in Handling Hurt as seen in "VeggieTales - Robin Good and His Not-So-Merry Men." On DVD and iTunes March 6th, 2012!

BIG IDEA  
veggietales.com



© 2012 Big Idea Entertainment. All rights reserved. VeggieTales and Robin Good are trademarks of Big Idea Entertainment. All other trademarks are the property of their respective owners.